<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:10 - 11:45 English Conversation Program Classes (ECP)</td>
<td>9:10 - 2:30 ECP Classes</td>
<td>10:30 - 2:30 ECP Classes</td>
<td>10:30 - 2:30 ECP Classes</td>
<td>10:30 - 12:30 Tech Cafe @ Oppenheimer Park</td>
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<tr>
<td>9:30 - 11:30 Basics Computer workshops</td>
<td>10:30 - 11:45 Seniors Thrive Sing &amp; Learn Choir</td>
<td>9:30 - 11:30 Advanced Computer Workshop</td>
<td>1:00 - 4:45 Computer Drop-in</td>
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<tr>
<td>10:30 - 11:45 Seniors Thrive Dance &amp; Learn</td>
<td>1:00 - 4:45 Computer Drop-in</td>
<td>1:00 - 4:45 Computer Drop-in</td>
<td>1:30 - 3:30 Fun Fridays - Art, Crafts &amp; Games</td>
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<tr>
<td>10:30 - 12:30 Tech Cafe @ Carnegie Community Centre</td>
<td>3:00 - 4:30 Documentaries &amp; Dialogue</td>
<td>1:30 - 4:00 Mahjong Club</td>
<td>1:30 - 3:30 Fun Fridays - Art, Crafts &amp; Games</td>
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<tr>
<td>1:00 - 4:45 Computer Drop-in</td>
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<td>4:30-6:30 Tech Cafe @ Gathering Place</td>
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**Please Note:** English Conversation Program

English Conversation Program and its associated programming (Seniors Thrive and Facilitator Training) run only during the following program terms:

**Term 4:** Oct 15 - Dec 14

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**Everyone is welcome.**

During drop-in hours (1 - 4:45 pm, Tues - Fri) join us for computers, coffee, conversation and the chance to connect.

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**Workshop Schedule**

(Please register at the front desk)

**Advanced Computer Workshop: Word**

Registration: Oct 30 - Nov 2nd, 1-5 pm

Workshop Dates: Nov 15, 22, 29, 9:30-11:30 am

**Activity Based Workshops:**

Nov 1: Heart of the City Festival: Cracks in the Concrete, a night of Art, Poetry & Music

Nov 23: Film Screening, Discussion & Pizza Event

Nov 27: Sewing Series (every Tuesday for 4 weeks)

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**For more information about any of our workshops or events contact the front desk at 604 408 5164 or come by in person.**